

INTERNATIONAL YOGA DAY (21ST JUNE 2023)



The ninth International Day of Yoga was celebrated on the University campus on the 21st of June. The teaching and the non-teaching staff of the University gathered on the lush green grounds of the campus to celebrate this day adhering to the 2023 theme "Yoga for Vasudhaiva Kutumbakam". Ms. Arti Tiwari, a yoga expert based in Neemrana was called for the special celebrations who threw light on the importance of yoga in daily lives and performed some asanas abiding by the 2023 tagline "Har Aangan Yog". The staff of the university participated enthusiastically with her.

